

ISHIB Newsletter



Improving the health care and life expectancy of ethnic populations around the world

June 2010

ISHIB Appoints Executive Director

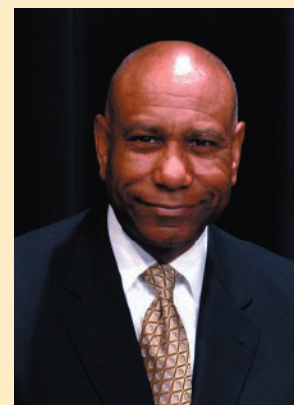
ISHIB is pleased to announce the appointment of **Theodore E. Lewis, Jr. (Ted)**, as executive director effective June 21, 2010. Ted's career has spanned 30 years having provided leadership in executive management capacities within the not-for-profit, professional services and IT industries. He is passionate about improving operational efficiencies and creating new revenue sources to advance corporate missions.

Prior to joining ISHIB, Ted was president of Allegiance Consulting, Inc., a boutique consulting practice, which provided strategic planning, business development and operations assessment services to not-for-profits and small businesses. He has held executive management positions with two prominent not-for-profit organizations having served as vice president of Operations at the National Wildlife Federation and United Negro College Fund. For both organizations, his efforts led to dramatic

improvements in operational effectiveness and expense controls that resulted in driving more revenue to programs. He also served as vice president for Business Development with Eventcentric, Inc. where he forged business relationships that resulted in significant revenue growth in the company's wireless products and services.

Originally from Alexandria, Virginia, Ted currently resides in Beltsville, Maryland with his wife Julie and has four adult children.

Please join the ISHIB Executive Board in welcoming Mr. Lewis to our family!



ISHIB Executive Director
Theodore E. Lewis, Jr. (Ted)

Guidelines Manuscript to Be Published

ISHIB reached a major milestone this month in IMPACT Campaign activities. The manuscript "Management of High Blood Pressure in African Americans: An Update of the ISHIB Consensus Statement" was accepted by the peer-reviewed journal, *Hypertension*. **John M. Flack, MD**, led the writing group that created this set of ISHIB guidelines, due out later this year.

The second IMPACT manuscript published by an ISHIB writing group, the guidelines play a large role in the ISHIB IMPACT CV Risk Reduction Toolkit Study. The first, "Strategies for Implementing and Sustaining Therapeutic Lifestyle Changes as Part of Hypertension Management in African Americans" was published in *Postgraduate Medicine* in May 2009. Together, the guidelines from these two manuscripts will be tested in the community research

activity piloted in Baltimore, Maryland.

The writing group for this new manuscript includes: **John M.**

Flack, MD, MPH; Domenic A. Sica, MD; George Bakris, MD; Angela Brown, MD; Keith C. Ferdinand, MD; Richard H. Grimm, Jr., MD; W. Dallas Hall, MD; Wendell E. Jones, MD; David S. Kountz, MD; Janice P. Lea, MD; Samar Nasser, PA-C, MPH; Shawna D. Nesbitt, MD; Elijah Saunders, MD; Margaret Scisney-Matlock, RN, PhD; Kenneth A. Jamerson, MD.

Congratulations to the writing group, ISHIB and our members on another IMPACT Campaign success!

IMPACT!

The ISHIB Campaign for Reducing Cardiovascular Health Disparities

ISHIB2010 Annual Meeting

The 2010 ISHIB Annual Meeting is swiftly approaching. From July 9-11, 2010, ISHIB will convene at the Crystal City Marriott in Arlington, Virginia. Co-chairs, **Charles Rotimi**, PhD, of National Institute of Health (NIH), and **Angela Brown**, MD, Washington University in St. Louis School of Medicine, will host the 25th annual meeting themed "Cardiovascular Disease Disparities in the Genomic Era: Innovative Approaches to Risk Assessment and Treatment."

A highlight to this year's program will be the dinner symposium, "Reduction of Cardiovascular Risk in Ethnic Minorities: Role of Endothelial Dysfunction." This session will be held on Friday, July 9, 2010, and is supported by an unrestricted educational grant from Forest Laboratories.

If you have not yet registered for the conference, don't delay. Registration is still open, visit www.ISHIB.org to register today.



Upcoming Events

ISHIB

www.ishib.org/ishib2010

July 9-11

ISHIB2010 Annual Meeting
Washington, DC

August 14

Regional Symposium

Successful Management
of Multiple Risk Factors in
the Hypertensive African
American Patient with
Concomitant Disease

Dallas, Texas

404.880.0343 for information

American Association of Clinical Endocrinologists

www.aace.com

July 17

Diabetes Day for Primary Care
Physicians - San Diego

American Association of Diabetes Educators

www.diabeteseducator.org

July 14

Live Webinar: Mindful Medication—
Staying Current with Diabetes
Management

August 4-7

AADE 37th Annual Meeting - San
Antonio

American Diabetes Association

www.professional.diabetes.org

June 25-29

70th Scientific Sessions - Orlando

International Academy of Cardiology

www.cardiologyonline.com

July 24-27

15th World Conference on Heart
Disease - Vancouver

International Diabetes Federation

www.idf.org

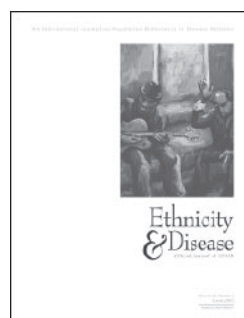
June 30-July 2

Diabetes Summit for Latin America
- Salvador de Bahia, Brazil

Ethnicity & Disease, Official Journal of ISHIB

Volume 20, Issue 3 is scheduled for release in early August. In the meantime, for past issues of the journal, please visit

http://www.ishib.org/ED_index.asp where subscribers and ISHIB members can download PDF files of each article published in earlier issues.



ISHIB Regional Symposia Series Underway

On May 15, 2010, ISHIB kicked off a three meeting symposium series "Successful Management of Multiple Risk Factors in the Hypertensive African American Patient with Concomitant Disease." ISHIB held the second symposium in this series on June 12, 2010, in Charleston, South Carolina. This seminar was attended by record numbers.

The program, designed for cardiologists, specialists, primary care physicians, nurse practitioners and physician assistants, provides education on high-risk African American patients with hypertension. The Charleston program was chaired by ISHIB President **Shawna Nesbitt, MD**. Dr. Nesbitt was joined by ISHIB Treasurer/Secretary **Brent Egan, MD**, a professor at the Medical University of South Carolina, and **Kwame Osei, MD**, who was also faculty for the Baltimore symposium.

Each of the three regional

symposia uses an interactive, case-based strategy to address gaps, challenges, considerations, and best practices in managing multiple risk factors (eg, metabolic syndrome, diabetes, kidney disease, and heart disease) in hypertensive African American patients.

During the symposium, attendees answered a number of topic-related questions through response technology to assess baseline knowledge and immediate learning. ISHIB will followup with a post-test for participants to measure the effectiveness of this program. The results of the post-test survey will be analyzed to guide future programs.

The third and final symposium in this series will be held on August 14, 2010. Dr. Nesbitt will chair this program scheduled for Dallas, Texas. Dr. Nesbitt is an associate professor at the University of Texas Southwestern Medical Center.

For more information on venue, registration, and CME credit, please contact Ms. Terry Jackson at the ISHIB offices, (404)880-0343.

"Successful Management of Multiple Risk Factors in the Hypertensive African American Patient with Concomitant Disease" is supported by an unrestricted educational grant from Novartis Pharmaceuticals.

Other ISHIB News

ISHIB Congratulates Member's Appointment

ISHIB congratulates **George L. Bakris, MD, FACP, FACCP, FAHA**, on his appointment as president of the American Society of Hypertension (ASH). Dr. Bakris serves on the ISHIB Board of Trustees, is a long-time active ISHIB member, and an author of the guidelines writing group. We wish him all of the best during his term!

Many thanks to the ISHIB 2009 Corporate Partners



Daiichi-Sankyo



ISHIB is currently accepting new Corporate Partners and renewals for 2010.